

APA Style Quick 7th Edition Guide - Journal Articles, Citations & References

Author type	Narrative citation	Parenthetical citation	Reference list
One author	Locke (2005)	(Locke, 2005)	Locke, K. D. (2008). Attachment styles and interpersonal approach and avoidance goals in everyday couple interactions. <i>Personal Relationships, 15</i> (3), 359-374. https://doi.org/10.1111/j.1475-6811.2008.00203.x
Two authors	Birnbaum and Reis (2019)	(Birnbaum & Reis, 2019)	Birnbaum, G. E., & Reis, H. T. (2019). Evolved to be connected: The dynamics of attachment and sex over the course of romantic relationships. <i>Current Opinion in Psychology, 25</i> , 11-15. https://doi.org/10.1016/j.copsyc.2018.02.005
Three or more authors	Mitchell et al. (2008)	(Mitchell et al., 2008)	Mitchell, A. E., Castellani, A. M., Herrington, R. L., Joseph, J. I., Doss, B. D., & Snyder, D. K. (2008). Predictors of intimacy in couples' discussions of relationship injuries: An observational study. <i>Journal of Family Psychology, 22</i> (1), 21-29. https://doi.org/10.1037/0893-3200.22.1.21
Secondary citation	Smith (2003, as cited in Gagné et al., 2008)	(Smith, 2003, as cited in Gagné et al., 2008).	NOTHING AVOID THESE: Only use primary sources.
Direct quote	Locke (2005) states "blah blah blah" (p. 365).	Research suggests "blah blah blah" (Locke, 2005, p. 365).	N/A AVOID THESE: Paraphrase instead!
Book chapter	Lydon et al. (2009)	Lydon et al., (2009)	Lydon, J. E., McClure, J. M., & Linardatos, L. (2009). Commitment: Predictors and outcomes. In H. T. Reis & S. Sprecher (Eds.), <i>Encyclopedia of human relationships</i> . Sage Publications. https://doi.org/10.4135/9781412958479.n82
Magazine article	Sager (2019)	(Sager, 2019) (Sager, 2019, para 3)	Sager, B. (2019, December 24). 9 steps for writing a love letter that will slay their heart. <i>Cosmopolitan</i> . https://www.cosmopolitan.com/sex-love/a30234888/love-letters-guide/
Audiovisual media (film)	Jackson (2001)	(Jackson, 2001)	Jackson, P. (Director). (2001). <i>The lord of the rings: The fellowship of the ring</i> [Film; four-disc special extended ed. on DVD]. Wingnut film; the Saul Zaentz company.

For examples of how to list other audiovisual media (e.g. TV show, podcast, song) in the reference section, use the following link:

https://owl.purdue.edu/owl/research_and_citation/apa_style/apa_formatting_and_style_guide/reference_list_audiovisual_media.html

Narrative and parenthetical citations always have the same form (Name, Publication Year)

Reference List Notes:

- “References” heading: bolded and centered
- Everything double-spaced and no extra spaces between heading and first reference
- Indent second/subsequent lines of each reference by a .5 in hanging indent (“tab” on keyboard)
- Alphabetize by first author’s last name
- All journal articles should have a DOI assigned; new standard format is: <https://doi.org/XXXX>

ALSO: Alphabetize multiple in-text citations within same set of parentheses; separate with semi-colon

APA Style Resources: Twitter [@APA_Style](#), Facebook <https://www.facebook.com/APAStyle>, Instagram <https://www.instagram.com/officialapastyle/>, Blog <https://apastyle.apa.org>

All APA style and grammar guidelines: <https://apastyle.apa.org/style-grammar-guidelines/index>

Journal Article Reference List Checklist (For EACH source)

<p>1. Author(s)</p> <ul style="list-style-type: none"> <input type="checkbox"/> Names in same order as listed on the article title page <input type="checkbox"/> Author’s last name, followed by a comma, and their initials with a period and a space after each initial—NO full first or middle names <input type="checkbox"/> Comma after final initial of previous author and before last name of the next author <input type="checkbox"/> “&” before final author’s last name <input type="checkbox"/> If 20 or more authors, list first 20 authors, then “ ... ”, then last author <input type="checkbox"/> Period after final author’s initials 	<p>3. Article Title</p> <ul style="list-style-type: none"> <input type="checkbox"/> Use sentence case—Lowercase most words; only capitalize the first word of the title, proper nouns, and the first word after punctuation within the title (e.g., after a colon) <input type="checkbox"/> No italics or any other special formatting <input type="checkbox"/> Period at the end of title <p>4. Journal Title</p> <ul style="list-style-type: none"> <input type="checkbox"/> Write the title as shown on the cited work <input type="checkbox"/> Use Title Case—Capitalize most words; only lowercase words of three letters or fewer (except the first word in the title and after punctuation within the title) <input type="checkbox"/> Italicize the journal title <input type="checkbox"/> Comma after the end of title; do not italicize the comma
<p>2. Year (xxxx)</p> <ul style="list-style-type: none"> <input type="checkbox"/> In parentheses <input type="checkbox"/> Year only (other periodicals [e.g., blog, newspaper, magazine] may include month, day, or season) <input type="checkbox"/> Period after closing parenthesis 	<p>5. Journal Volume Number</p> <ul style="list-style-type: none"> <input type="checkbox"/> Italicize the volume <input type="checkbox"/> If no issue number, place a comma directly after the number <input type="checkbox"/> Do not italicize the comma after the volume number

<p>6. Journal Issue Number</p> <ul style="list-style-type: none"> <input type="checkbox"/> Include the issue number whenever available <input type="checkbox"/> Put the number in parentheses DIRECTLY after the volume number—no space between the volume number and the opening parentheses <input type="checkbox"/> Do not use italics or any other special formatting for this number and the parentheses <input type="checkbox"/> Comma after closing parenthesis 	<p>7. Page Numbers</p> <ul style="list-style-type: none"> <input type="checkbox"/> Include full page range of article, even if you only use information from one page <input type="checkbox"/> No italics or any other special formatting <input type="checkbox"/> Separate the page numbers in the range using an en dash “–” (this is longer than a hyphen, and is usually typed by hitting option+hyphen, or alt+hyphen) <input type="checkbox"/> No page abbreviation such as pp. or pg. before the page numbers <input type="checkbox"/> Period after second page number <input type="checkbox"/> If an article number or eLocator instead of a page range, write the word “Article” (capitalized) and then the article number
<p>8. DOI or URL</p> <ul style="list-style-type: none"> <input type="checkbox"/> Include the DOI if available <input type="checkbox"/> Use the CrossRef DOI search engine if you cannot find the DOI in your article <input type="checkbox"/> Include the URL (website address) if retrieved online and it has no DOI <input type="checkbox"/> Copy and paste the EXACT string of letters and numbers <input type="checkbox"/> NO closing punctuation <input type="checkbox"/> Do not write “Retrieved from” 	